

Physical Education (PE): scheme *Real PE*: Scheme Curriculum Coverage: KS1

Expected Vocabulary. NC Objectives. Additional knowledge for prior learning for KS2

Key stage 1 Pupils: should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

Cycle A	Curriculum Objective	Vocab
Autumn One Learning Focus: Personal skills	<ul style="list-style-type: none">• Developing balance, agility and co-ordination and begin to apply these in a range of activities• <i>(REAL PE fundamental movement skill: Coordination and footwork AND Static balance – one leg)</i>	All children will be taught: Running Jumping Throwing Catching Balance Agility Coordination Tactics Defending Dance Patterns Ball Bat Hit Catch
Autumn Two Learning Focus: Social skills	<ul style="list-style-type: none">• Developing balance, agility and co-ordination and begin to apply these in a range of activities• <i>(REAL PE fundamental movement skill: Dynamic balance to agility-jumping and landing AND static balance – seated.</i>	
Spring One Learning Focus: Cognitive skills	<ul style="list-style-type: none">• Developing balance, agility and co-ordination and begin to apply these in a range of activities• <i>(REAL PE fundamental movement skill: Dynamic balance – on a line AND Static balance)</i>	
Spring Two Learning Focus: Creative skills	<ul style="list-style-type: none">• Perform dances using simple movement patterns• Basic movements including throwing and catching• <i>(REAL PE fundamental movement skill: Coordination – balls skills AND Counter balance – with a partner)</i>	

<p>Summer One</p> <p>Learning Focus: Physical skills</p>	<ul style="list-style-type: none"> • Developing balance, agility and co-ordination and begin to apply these in a range of activities • Participate in team games • <i>(REAL PE fundamental movement skill: Coordination – sending and receiving AND agility – reaction and response)</i> 	<p>Children will also understand the 6 principles of REAL PE:</p> <p>Physical Creative Social Cognitive Personal Health and Fitness</p>
<p>Summer 2</p> <p>Learning Focus: Health and Fitness</p>	<ul style="list-style-type: none"> • Master basic movements including running jumping throwing and catching • Participate in team games...attacking and defending • <i>(REAL PE fundamental movement skill: Agility – ball chasing AND balance – floor work)</i> 	